# ISAK COMPATABLE ATHLETE MEASURING STATION

HEIGHT, SITTING HEIGHT, HAND SIZE, WINGSPAN

WHAT. WHY. HOW.

Measuring an athlete. Easy. Fast. Accurate. Unarguable.

What. It is

Standards. They are important.

We have updated our athlete measurement system for the inaugural MLB combine in 2021:

## **ISAK Standard Compatible:**

- All measurements in Centimeters with 0.1 cm increments. (don't worry a conversion chart included)
- Includes sitting height measurement.
- ISAK hand measurement in addition to hand span.

## **Measures the following for Athletes:**

- Height
- Wing Span
- Sitting height
- Hand Size
- Hand span

## Why. We designed it

Zybek Sports has learned a few things from testing over 100,000 athletes in the past 10 years. This is why we build it:

#### **IT'S IMPORTANT:**

- Size Matters; it is often not measured correctly

#### IT'S FAST:

- Easy to read height and reach measurements
- Optional barcode scanning makes it even faster.

## **IT'S ACCURATE:**

- Fixed base; unchangeable ruler on metal fixture.

#### IT'S EASY:

- Read the number on the ruler.

#### IT'S REAL. IT'S UNARGUABLE:

- The #1 'concern' Zybek receives after an event: "You have my height wrong. My doctor says I am "X" tall...." That's the real reason we build it.
- Athlete steps on the base and the system is lowered to contact athlete head.
- The height is read.
- Measuring system stays in place.
- Athlete can verify the measure themselves
- No questions.

## How. It's done

## **ATHLETE HEIGHT:**

- Athlete removes shoes. Heels against backstop.
- Measuring device lowered to touch athlete's head.
- Height number is recorded.

#### **ATHLETE SITTING HEIGHT:**

- Athlete sits on 40cm bench.
- Measuring device lowered to touch athlete's head.
- Height number is recorded.

## **WING SPAN:**

- Athlete places fingers on fixed side of measure bar.
- Athlete pushes movable end as far out as possible.
- Distance recorded.

### **HAND SPAN:**

- Middle finger touches end stop.
- White indicator moved to wrist. Distance read. Example Video:

http://media.zybeksports.com/Zybek/Athlete Measure.mp4

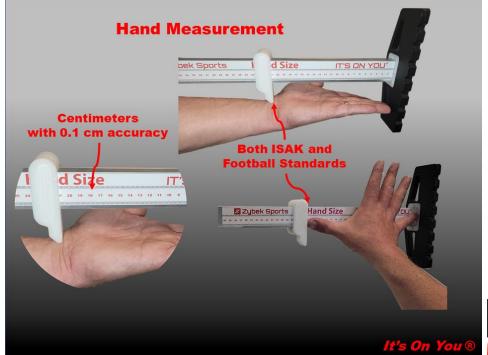






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